



# Clinical social work supervision: Comparison of requirements

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**Association of Social Work Boards**

**aswb.org**

## Introduction

This report summarizes supervision requirements for clinical licensure. Each subset of clinical supervision requirements is included with a table summarizing jurisdiction requirements followed by individual jurisdiction requirements. The following jurisdictions were included in the regulations review: all 50 U.S. states, the District of Columbia, and the U.S. territories of the Virgin Islands, the Northern Mariana Islands, and Guam. The Canadian provinces of Alberta and British Columbia are also included, as they maintain separate clinical registries.

The Association of Social Work Boards maintains a database of information on social work regulatory requirements in the United States and Canada which was used to create this report. The database is compiled from the statutes and administrative rules of the jurisdictions mentioned. Database information is published online at [www.aswb.org](http://www.aswb.org).

To learn more about a specific jurisdiction's requirements, and for the most up-to-date regulatory information, use the [link provided on the ASWB website](#) to be connected directly to a jurisdiction's website, statutes and administrative rules.

## Supervision requirements

Post MSW degree supervised experience is required in all 56 jurisdictions with a clinical license.

	Number of jurisdictions	Percentage of all jurisdictions
Jurisdictions with supervision requirements	56	100%
Requirement is in hours	52	93%
Requirement is in months	2	4%
Requirement is in years	3	5%

### Total post-MSW supervised experience hours required

Hours <sup>1</sup>	Number of jurisdictions	Percentage of all jurisdictions
1,500	1	2%
1,600	1	2%
2,000	1	2%
3,000	35	69%
3,200	3	4%
3,360	1	2%
3,500	2	4%
3,600	2	4%
3,840	1	2%
4,000	5	10%
6,400	1	2%

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<sup>1</sup> Five jurisdictions use a value other than hours. Indiana and Mississippi require 24 months of supervision while Northern Mariana Islands, South Dakota and the Virgin Islands require two years.

Total hours spent in direct client contact is specified in 28 or 50% of jurisdictions ranging from 750 to 3,000 hours.

## Direct client contact hours

### Summary of total direct client contact hours required

Hours	Number of jurisdictions	Percentage of jurisdictions (with requirement)
750	1	4%
900	1	4%
1,000	3	13%
1,200	1	4%
1,380	1	4%
1,500	9	16%
1,600	2	4%
1,680	1	4%
1,750	1	4%
1,920	1	4%
2,000	5	9%
3,000	1	8%

### Total direct client contact hours required by jurisdiction

(sorted by minimum direct client hours required)

Jurisdiction	Minimum direct client hours required
California	750 hours
Guam	800 hours
Mississippi	1,000 hours
Washington	1,000 hours
Wisconsin	1,000 hours
Wyoming	1,200 hours
Virginia	1,380 hours
Florida	1,500 hours
Iowa	1,500 hours
Kansas	1,500 hours

Jurisdiction	Minimum direct client hours required
Maryland	1,500 hours
Montana	1500 hours
Nebraska	1,500 hours
Pennsylvania	1,500 hours
Rhode Island	1,500 hours
Alberta	1,600 hours
Arizona <sup>2</sup>	1,600 hours
Colorado	1,680 hours
Idaho	1,750 hours
New Jersey	1,920 hours
Hawaii	2,000 hours
Iowa	2,000 hours
Nevada	2,000 hours
New York	2,000 hours
Oregon	2,000 hours
Vermont	2,000 hours
Kentucky <sup>3</sup>	2,160 hours
North Carolina <sup>4</sup>	3,000 hours
Oklahoma	3,000 hours

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<sup>2</sup> Arizona not more than 400 hours may be in psychoeducation

<sup>3</sup> Kentucky regulations require that 60% of clinical experience be obtained in a direct client-professional relationship but there is no specific hourly requirement.

<sup>4</sup> North Carolina regulations define clinical social work experience in direct practice but there is no specific hourly requirement.

## Direct supervisor contact hours

Total hours in direct contact with the supervisor is specified in 52 or 93% of jurisdictions and ranges from 75 to 200 hours.

### Summary of hours required in direct contact with supervisor

Hours	Number of jurisdictions	Percentage of jurisdictions
75 hours	1	2%
90 hours	1	2%
96 hours	7	13%
100 hours	30	58%
104 hours	4	8%
110 hours	1	2%
120 hours	1	2%
130 hours	1	2%
150 hours	5	10%
200 hours	1	2%

### Total hours in direct contact with supervisor by jurisdiction (sorted by minimum hours)

Jurisdiction	Minimum direct supervisor contact hours required
Vermont	75 hours
New Mexico	90 hours
Alabama	96 hours
Colorado	96 hours
Indiana	96 hours
Louisiana	96 hours
Maine	96 hours
Michigan	96 hours
New Jersey	96 hours
Alaska	100 hours
Alberta	100 hours
Arizona	100 hours

Jurisdiction	Minimum direct supervisor contact hours required
Arkansas	100 hours
British Columbia	100 hours
Connecticut	100 hours
Delaware	100 hours
District of Columbia	100 hours
Florida	100 hours
Guam	100 hours
Hawaii	100 hours
Idaho	100 hours
Kansas	100 hours
Maryland	100 hours
Massachusetts	100 hours
Mississippi	100 hours
Missouri	100 hours
Montana	100 hours
New Hampshire	100 hours
New York	100 hours
North Carolina	100 hours
Oklahoma	100 hours
Oregon	100 hours
South Carolina	100 hours
Tennessee	100 hours
Texas	100 hours
Utah	100 hours
Virginia	100 hours
West Virginia	100 hours
Wyoming	100 hours
California	104 hours
Nevada	104 hours

Jurisdiction	Minimum direct supervisor contact hours required
Northern Mariana Islands	104 hours
Wisconsin	104 hours
Iowa	110 hours
Georgia	120 hours
Washington	130 hours
Kentucky	150 hours
North Dakota	150 hours
Ohio	150 hours
Pennsylvania	150 hours
Rhode Island	150 hours
Minnesota	200 hours

### Supervision using distance mediating technologies

Direct contact supervisor hours obtained via distance mediating technologies is permitted in 42 jurisdictions, with some restrictions in 14 jurisdictions, and not addressed in 14 jurisdictions.

### Supervisor contact hours permitted via distance mediating technologies

Status	Number of Jurisdictions	Percentage of jurisdictions
Permitted for all hours	28	50%
Not specified	14	25%
Permitted with prior authorization	4	7%
Up to 50% of hours	5	9%
Up to 25% of hours	1	2%
Up to 75% of hours	1	2%
Permitted but first session must be in person	1	2%
At least 2 hours during a six-month period must be in person	1	2%
At least one hour per month in person where intern practices	1	2%



### Acceptable methods of supervision obtained via distance mediating technologies

Acceptable methods of supervision obtained via distance mediating technologies as clarified in statute, regulation, or policy

Jurisdiction	Clarifying language
Alabama	Individual supervision is defined as one supervisee meeting face-to-face with one supervisor. It can also be live, interactive, visual communication if all three components are met during the session.
Alaska	Face-to-face supervision meetings can occur by any electronic means of communication that allows the supervisor and applicant to speak and hear simultaneously.
Alberta	A. Definitions TELEPHONIC OR OTHER ELECTRONIC MEANS refers to all types of communication that are not face-to-face and that are facilitated by the use of electronic devices, including telephones, computers, tablets, or any other means.
Arizona	Telephone or videoconference are acceptable methods of distance supervision. -At least two hours must be provided in a face-to-face setting during each six-month period. -A maximum of 90 hours of clinical supervision can be provided by videoconference and telephone. -No more than 15 of the 90 hours can be provided by telephone.
Arkansas	VI. Supervision: B. Supervision Required to Obtain LCSW Licensure: 4. Social workers who use technology to facilitate supervision shall use appropriate precautions to protect the confidentiality of those communications. Precautions to protect confidentiality depend on the type of technology being used, and may include using passwords, firewalls, encryption, and antivirus software: using electronic service providers that rely on standards of security for data that are transmitted and stored; and ensuring a private setting when using their electronic devices. See National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Counsel on Social Work Education (CSWE), & Clinical Social Work Association (CSWA) Standards for Technology in Social Work Practice.
California	Two-way video conferencing is allowed for licensees working for a governmental entity, school, college, or university, or an institution that is both a nonprofit and charitable institution.
Colorado	Acceptable modes of supervision include but are not limited to individual, group, telephone, electronic mail, audio-visual, process recording, direct observation, telecommunication (teleconferencing, fax, videotapes), and hospital rounds. The appropriate modality of supervision shall be determined by the training, education, and experience of the supervisee, and the treatment setting (i.e. urban/rural, or the availability of resources and at all times based on community standards and client needs).

Jurisdiction	Clarifying language
Delaware	Live video conferencing is permitted for no more than 50% of the total supervision provided in any given month.
District of Columbia	Phone and videoconferencing can be used on a case-by-case basis.
Florida	<p>FAC 64B4-2.002 Definition of "Supervision" for Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling.</p> <p>The supervisor and intern may utilize face-to-face electronic methods to conduct the supervisory sessions; however, the supervisor and intern must have in-person face-to-face contact for at least 50% of all the interactions required in subsection (1), above. Prior to utilizing any online or interactive methods for supervision, the supervisor and the intern shall have at least one in-person face-to-face meeting. The supervisor and the intern are responsible for maintaining the confidentiality of the clients during both in-person and online or interactive supervisory sessions.</p> <p>If an intern obtains group supervision, each hour of group supervision must alternate with an hour of individual supervision. Group supervision must be conducted with all participants present in-person. For the purpose of this section, individual supervision is defined as one qualified supervisor supervising no more than two (2) interns and group supervision is defined as one qualified supervisor supervising more than 2 but a maximum of 6 interns in the group.</p> <p>"Face-to-face psychotherapy" for clinical social workers, marriage and family therapists, and mental health counselors registered pursuant to Section 491.0045, F.S., includes face-to-face by electronic methods so long as the registered intern establishes and adheres to the following:</p> <p>The registered intern has a written telehealth protocol and safety plan in place with their current qualified supervisor which includes the provision that the qualified supervisor must be readily available during the electronic therapy session; and</p> <p>The registered intern and their qualified supervisor have determined, through their professional judgements, that providing face-to-face psychotherapy by electronic methods is not detrimental to the patient is necessary to protect the health, safety, or welfare of the patient, the registered intern, or both, and does not violate any existing statutes or regulations.</p> <p>(7) Notwithstanding subsections (3) and (4) above a qualified supervisor may utilize face-to-face electronic methods, including telephone only communication, to conduct all supervisory sessions for internship hours if the qualified supervisor determines, through their professional judgment, that such methods are not detrimental to the registered intern's patients and are necessary to protect the health, safety, or welfare of the qualified supervisor, the registered intern, or both. Any clinical hours obtained via face-to-face psychotherapy by electronic means shall be considered clinical hours for the purpose of meeting internship requirements.</p>
Georgia	(IV) Delivery Methods - recognize appropriate use of tele-counseling,

Jurisdiction	Clarifying language
	asynchronous email/message posting, synchronous digital chat, video-assisted therapy and other electronically supported modes of delivery.
Hawaii	Face-to-face supervision can be conducted electronically through a video conference service that is compliant with all federal and state privacy, security, and confidentiality laws, including the Health Insurance Portability and Accountability Act of 1996.
Idaho	Face-to-face setting provided by a secure live electronic connection.
Illinois	Telecommunication platforms such as Skype, Video Conferencing, Zoom, Google Hangout, etc. that facilitate face-to-face interactions.
Indiana	50% of supervision may occur through virtual technology.
Iowa	Supervision may occur through in-person meetings or through electronic meetings using an interactive real-time system that provides for visual and audio interaction between the supervisor and supervisee.
Kansas	Supervisees that use videoconferencing for a portion of their supervision must provide written verification of the technological security measure implemented to protect confidentiality.
Kentucky	"Electronic supervision" means the use of computers and other electronic means by which the supervisor and supervisee use interactive video technology, in real-time, with video and audio interaction for individual and group supervision.
Louisiana	Requests to receive supervision using distance-mediating technologies are considered on a case-by-case basis. All HIPPA compliant methods are acceptable. LAC 46:XXV.503 H. Occasionally, a need may arise for supervision to occur using electronic communication rather than on a face-to-face basis. The board may consider alternatives to face-to-face supervision if the applicant can demonstrate an undue burden due to hardship, disability, or travel time. All situations of remote supervision must be approved by the board. To receive approval, the supervisee should submit a written request containing specific details to the board. The board shall consider the request at a regularly scheduled Board meeting and notify the supervisor of its decision within 30 business days. If approved, the supervisor and supervisee agree to use secure technology that provides real-time, visual contact among the individuals involved, and adheres to the confidential nature of the supervisory process.
Maine	Videoconference permitted but not telephone or any other audio-only technology
Maryland	COMAR 10.42.08 Supervision .02 Definitions (3) Face-to-Face. "Face-to-face" means in the physical presence of or electronic presence of the individuals involved in the supervisory relationship during either individual or group supervision. "Face-to-face" includes:

Jurisdiction	Clarifying language
	Secure video conferencing; or Real-time communication with both parties in each other's physical presence. (c) "Face-to-face" does not include: Telephone supervision; Written communication via the internet; or Technological communication that is not visual.
Massachusetts	
Michigan	Individually using a telecommunications method that provides for live and simultaneous contact.
Minnesota	Eye-to-eye electronic media for first 100 hours, second 100 hours can be through this means or one-on-one phone.
Mississippi	Supervision may include alternate means of supervision by audio or audiovisual electronic device provided there is direct, interactive, live exchange between the supervisor and supervisee or provided that communication is verbally or visually interactive between the supervisor and the supervisee.
Missouri	The use of electronic communications is acceptable for meeting supervision requirements only if the ethical standards for confidentiality are maintained and the communication is verbally and visually interactive between the supervisor and the supervisee.
Montana	Two-way, interactive, live, electronic communications with both audio and visual interaction.
Nebraska	Interactive visual imaging.
Nevada	Via any synchronous system of delivery e.g. telephone, webinar, Skype, etc.
New Jersey	Synchronous video conferencing, which complies with the confidentiality requirements of the Health Insurance Portability and Accountability Act of 1996 (HIPAA), for no more than half of the total supervision hours.
New Mexico	Video-teleconferencing
New York	Supervision can be obtained through distance mediating technology on a case-by-case basis.
North Carolina	All supervision provided by technology shall be synchronous, involve visual and audio interactions.
North Dakota	Telephone, audio or audiovisual electronic device. Face-to-face supervision means a direct, interactive, live exchange, either in person, by telephone, or by audio or audiovisual electronic device in either individual or group supervision.
Ohio	Video conferencing or by phone.
Oregon	Video conference
South Dakota	When the supervisor is not in direct person contact with the CSW-PIP candidate, the supervisor must be available by telecommunications or technology.
Tennessee	Teleconferencing technologies, visual multi-media technology, or video conferencing technology.
Texas	Use of technologically secure computer cameras and microphones.
Virginia	Must include face-to-face element.

Jurisdiction	Clarifying language
Washington	Does not specify.
West Virginia	HIPPA compliant face-to-face electronic media.
Wyoming	Via methods of electronic delivery that involves the use of electronic or other means (e.g. telephone, computers, etc.) to provide the service. When using electronic delivery means, all use must be in compliance with all professional ethical standards and all other requirements in these rules.

## Supervision frequency

The minimum frequency of supervision is specified in 40 or 71% of jurisdictions and varies but is ~1 hour per each week of practice.

### Summary of minimum frequency of supervision

Minimum frequency of supervision	Number of jurisdictions	Percentage of jurisdictions
1 hour per week	11	28%
1 hour for every 40 practice hours	5	13%
4 hours per month	5	13%
1 hour for every 20 practice hours	3	8%
2 hours for every 2 weeks of practice	3	8%
1 hour for every 30 practice hours	2	5%
1 hour at least 2 times per month	1	3%
1 hour per 15 hours of practice	1	3%
1 hour supervision per 32 practice hours	1	3%
2 hours for every 160 practice hours	1	3%
2 hours for every 40 practice hours	1	3%
2 hours for every 80 practice hours	1	3%
3 hours per month	1	3%
4 hours for every 160 practice hours	1	3%
2 hours per month	1	3%
Regular and ongoing	1	3%
Weekly	1	3%

### Minimum frequency of supervision by jurisdiction (sorted by frequency)

Jurisdiction	Minimum frequency of supervision
Florida	1 hour for every 15 practice hours
Kansas	1 hour for every 15 practice hours
Ohio	1 hour for every 20 practice hours
Wyoming	1 hour for every 20 practice hours
North Carolina	1 hour for every 30 practice hours
Tennessee	1 hour for every 30 practice hours
District of Columbia	1 hour for every 32 practice hours
Iowa	1 hour for every 40 practice hours
New Mexico	1 hour for every 40 practice hours
Texas	1 hour for every 40 practice hours
Vermont	1 hour for every 40 practice hours
Virginia	1 hour for every 40 practice hours
Arkansas	1 hour per week
California	1 hour per week
Colorado	1 hour per week
Delaware	1 hour per week
Mississippi	1 hour per week
Nebraska	1 hour per week
Nevada	1 hour per week
New Hampshire	1 hour per week
New Jersey	1 hour per week
Oklahoma	1 hour per week
Wisconsin	1 hour per week
Maine	1 hour per week / 4 hours per month
North Dakota	Weekly
Montana	2 hours for every 160 practice hours
Kentucky	2 hours for every 2 weeks of practice
Missouri	2 hours for every 2 weeks of practice
Rhode Island	2 hours for every 2 weeks of practice
Pennsylvania	2 hours for every 40 practice hours

Louisiana	2 hours for every 80 practice hours
New York	2 hours per month
Maryland	3 hours per month
Minnesota	4 hours for every 160 practice hours
Alabama	4 hours per month
Illinois	4 hours per month
Indiana	4 hours per month
Michigan	4 hours per month
South Dakota	4 hours per month
Idaho	Regular and ongoing

### Time to accrue supervision

A minimum time in which supervision can be earned is specified in 47 or 84% of jurisdictions and ranges from 18 months to 36 months.

#### Summary of minimum time to accrue supervision

Minimum time period of supervision	Number of jurisdictions	Percentage of all jurisdictions
Not specified	9	16%
18 months	1	2%
24 months	5	9%
No less than 100 weeks	1	2%
2 years	37	66%
36 months	2	4%
3 years	1	2%

#### Minimum time to accrue supervision by jurisdiction

(sorted by minimum time)

Jurisdiction	Minimum time to accrue supervision
British Columbia	Not specified
Connecticut	Not specified
Illinois	Not specified
Louisiana	Not specified
Minnesota	Not specified

Jurisdiction	Minimum time to accrue supervision
Nebraska	Not specified
North Dakota	Not specified
Virgin Islands	Not specified
Wyoming	18 months
Arizona	24 months
Arkansas	24 months
Mississippi	24 months
Missouri	24 months
Texas	24 months
Florida	No less than 100 weeks
Alabama	2 years
Alaska	2 years
Alberta	2 years
California	2 years
Colorado	2 years
Delaware	2 years
District of Columbia	2 years
Guam	2 years
Hawaii	2 years
Idaho	2 years
Indiana	2 years
Iowa	2 years
Kansas	2 years
Kentucky	2 years
Maine	2 years
Maryland	2 years
Massachusetts	2 years
Michigan	2 years
Montana	2 years
Nevada	2 years



Jurisdiction	Minimum time to accrue supervision
New Hampshire	2 years
New Jersey	2 years
New Mexico	2 years
North Carolina	2 years
Northern Mariana Islands	2 years
Ohio	2 years
Oklahoma	2 years
Oregon	2 years
Pennsylvania	2 years
Rhode Island	2 years
South Carolina	2 years
South Dakota	2 years
Tennessee	2 years
Utah	2 years
Vermont	2 years
Virginia	2 years
West Virginia	2 years
Wisconsin	2 years
Georgia	36 months
New York	36 months
Washington	3 years

A maximum time in which supervision can be earned is specified in 30 or 54% of jurisdictions and ranges from three to ten years

**Summary of maximum time to accrue supervision**

Maximum Time Period	Number of jurisdictions	Percentage of all jurisdictions
Not specified	24	43%
36 months	2	4%
3 years	3	5%
48 months	2	4%
4 years	5	9%
60 months	1	2%
5 years	5	9%
72 months	1	2%
6 years	8	14%
108 months	1	2%
10 years	2	4%

**Maximum time to accrue supervision by jurisdiction**  
(sorted by maximum time)

Jurisdiction	Maximum time to accrue supervision
Arizona	Not specified
Arkansas	Not specified
British Columbia	Not specified
Colorado	Not specified
Connecticut	Not specified
Delaware	Not specified
Florida	Not specified
Illinois	Not specified
Indiana	Not specified
Louisiana	Not specified
Maine	Not specified
Massachusetts	Not specified

Jurisdiction	Maximum time to accrue supervision
Michigan	Not specified
Minnesota	Not specified
Montana	Not specified
Nebraska	Not specified
New Hampshire	Not specified
Northern Mariana Islands	Not specified
Ohio	Not specified
Oklahoma	Not specified
South Dakota	Not specified
Utah	Not specified
Vermont	Not specified
Virgin Islands	Not specified
West Virginia	Not specified
Wisconsin	Not specified
Mississippi	36 months
Wyoming	36 months
Missouri	48 months
Texas	48 months
New Mexico	60 months
New York	72 months
Georgia	108 months
Alabama	3 years
Kentucky	3 years
Nevada	3 years
District of Columbia	4 years
New Jersey	4 years
North Dakota	4 years
South Carolina	4 years
Virginia	4 years
Alberta	5 years

Jurisdiction	Maximum time to accrue supervision
Guam	5 years
Hawaii	5 years
Idaho	5 years
Oregon	5 years
California	6 years
Iowa	6 years
Kansas	6 years
Maryland	6 years
North Carolina	6 years
Pennsylvania	6 years
Rhode Island	6 years
Tennessee	6 years
Alaska	10 years
Washington	10 years

### Supervised experience via telehealth

Supervised experience is expressly permitted via telehealth modalities in 23 or 43% of jurisdictions.

Twenty-four jurisdictions were identified that expressly permit supervised practice experience to be obtained via telehealth. The section below identifies relevant statutory, regulatory and/or policy language pertaining to both the use of teletherapy to obtain supervised practice experience and the use of distance mediating technologies to obtain supervision.

#### Jurisdictions permitting teletherapy to obtain supervised experience

Alberta	Illinois	Montana	Tennessee
Arkansas	Indiana	Nebraska	Texas
British Columbia	Kansas	North Carolina	Vermont
District of Columbia	Kentucky	North Dakota	Virginia
Florida	Maryland	Ohio	Washington
Georgia	Michigan	Pennsylvania	West Virginia

## Statutory, regulatory and/or policy language pertaining to tele-supervision and teletherapy

### Alabama

#### **Use of distance mediating technology in supervision: Permitted**

All supervision can be obtained through distance mediating technology.

850-X-2-.03 Supervision

Individual supervision is defined as one supervisee meeting face-to-face with one supervisor. It can also be live, interactive, visual communication as long as all three components are met during the session.

Group supervision is defined as a maximum of six supervisees with similar responsibilities meeting face-to-face with one supervisor.

(2) Supervision can occur within an agency, institution, or group practice setting.

#### **Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

### Alaska

#### **Use of distance mediating technology in supervision: Permitted**

All supervision can be obtained through distance mediating technology.

12 AAC 18.115. Supervision of Experience for Clinical Social Work License

To be accepted by the board, direct clinical supervision must be provided in face-to-face meetings between the supervisor and the applicant unless the board, for good cause shown, has granted an exception allowing for an alternate form of supervision.

In this section, “face-to-face meetings” are meetings in which a supervisor and an applicant can speak and hear simultaneously. Face-to-face meetings may occur in person or by means of any electronic means of communication that allows the supervisor and applicant to speak and hear simultaneously.

#### **Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

### Alberta

#### **Use of distance mediating technology in supervision: Permitted**

All supervision can be obtained through distance mediating technology.

E.3 TECHNOLOGY IN SOCIAL WORK PRACTICE

(m)When using or providing supervision and consultation by technological means, a social worker will follow the standards that would be applied to a face-to-face supervisory relationship and will be competent in the technologies used.

#### **Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

### Arizona

#### **Use of distance mediating technology in supervision: Permitted**

Ninety (90) percent of clinical supervision can be obtained using distance mediating technology. The remaining ten (10) percent must be completed in-person.

R4-6-212. Clinical Supervision Requirements

D. The Board shall accept hours of clinical supervision submitted by an applicant for licensure if:

1. At least two hours of the clinical supervision were provided in a face-to-face setting during each six-month period;
2. No more than 90 hours of the clinical supervision were provided by videoconference and telephone.
3. No more than 15 of the 90 hours of clinical supervision provided by videoconference and telephone were provided by telephone; and
4. Each clinical supervision session was at least 30 minutes long.

E. Effective July 1, 2006, the Board shall accept hours of clinical supervision submitted by an applicant if at least 10 of the hours involve the clinical supervisor observing the supervisee providing treatment and evaluation services to a client. The clinical supervisor may conduct the observation:

1. In a face-to-face setting,
2. By videoconference,
3. By teleconference, or
4. By review of audio or video recordings.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Arkansas

**Use of distance mediating technology in supervision: Permitted**

Distance mediating technology can be used to obtain clinical supervision hours. Limits are not discussed.

### Social Work Licensing Board Rules

Social workers who use technology to facilitate supervision shall use appropriate precautions to protect the confidentiality of those communications. Precautions to protect confidentiality depend on the type of technology being used, and may include using passwords, firewalls, encryption, and antivirus software: using electronic service providers that rely on standards of security for data that are transmitted and stored; and ensuring a private setting when using their electronic devices. See National Association of Social Workers (NASW), Association of Social Work Boards (ASWB), Counsel on Social Work Education (CSWE), & Clinical Social Work Association (CSWA) Standards for Technology in Social Work Practice."

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

### Rules of the Arkansas Social Work Licensing Board

G. Requirements for Services Provided Via Telemedicine:

The following requirements apply to all services provided by social workers using telemedicine:

1. The practice of counseling via telemedicine shall be held to the same standards of care as traditional in-person encounters.

H. Scope of Practice:

Social workers may practice social work via telemedicine within the definitions found in Ark. Code Ann.

§17-103-103.

## British Columbia

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours can be completed through distance mediating technology.

Section 4: Boundaries, Dual Relationships, and Conflicts of Interest

4.12. When providing supervision or consultation remotely to individuals, be knowledgeable about the unique issues telecommunication technologies pose for supervision or consultation.

4.13 When providing supervision remotely, adhere to the regulatory requirements of the jurisdiction where the supervised practitioner is regulated.

### **Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

Section 1: Practitioner Competence and Compliance with Ethical Standards Social workers who choose to provide electronic social work services shall:

1.01. Do so only after engaging in appropriate education, study, training, consultation, and supervision from people who are competent in the use of this technology to provide social work services.

1.08. Have specialized skills, knowledge, and education consistent with current standards of practice when providing supervision and consultation to colleagues who provide electronic social work services.

## California

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours can be completed through distance mediating technology.

4996.23.1 Direct Supervisor Contact

(1) For purposes of this chapter, “one hour of direct supervisor contact” means any of the following:

Individual supervision, which means one hour of face-to-face contact between one supervisor and one supervisee.

Triadic supervision, which means one hour of face-to-face contact between one supervisor and two supervisees.

Group supervision, which means two hours of face-to-face contact between one supervisor and no more than eight supervisees. Segments of group supervision may be split into no less than one continuous hour. A supervisor shall ensure that the amount and degree of supervision is appropriate for each supervisee.

For purposes of this subdivision, “face-to-face contact” means in-person contact, contact via two-way, real-time videoconferencing, or some combination of these.

### **Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Colorado

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours can be completed through distance mediating technology.

1.14 Licensure by Examination

C. Post-Graduate Experience Requirements

e. “Clinical Supervision” means personal direction and responsible direction provided in-person or virtually by a supervisor who meets the criteria defined by the Board.

“Personal direction” means direction actually rendered by the approved supervisor.

“Responsible direction” or “direction” means the approved supervisor has sufficient knowledge of all clients for whom supervision is provided, including face-to-face contact with the client when necessary, to develop and to monitor effective service delivery procedures and the supervisee’s treatment plan. Further, all decisions requiring the special skill, knowledge, and/or training of a social worker are made in collaboration with, and with the approval of, the approved supervisor. Such decisions include, but are not limited to: type, duration, effectiveness, and method of social work services provided; fees and billing procedures; approval of cases; and personal observation, evaluation, oversight, review, and correction of services provided by the supervisee.

g. “Telesupervision” means clinical supervision conducted through audio/video technology such as videoconferencing or telephone.

Number of hours of post degree supervision.

a. Applicants must receive a minimum of 96 hours of supervision, at least forty-eight of which must be in-person or telesupervision, individual supervision.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Connecticut

**Use of distance mediating technology in supervision: Does not specify.**

Sec 20-195m. Definitions

“Under professional supervision” means the practice of clinical social work under the supervision of a physician licensed pursuant to chapter 370, an advanced practice registered nurse licensed pursuant to chapter 378, a psychologist licensed pursuant to chapter 383, a marital and family therapist licensed pursuant to chapter 383a, a clinical social worker licensed pursuant to this chapter or a professional counselor licensed pursuant to chapter 383c; and

“Professional supervision” means face-to-face consultation between one supervisor, who is a person described in subdivision (7) of this section, and one person receiving supervision that consists of not less than a monthly review, a written evaluation and assessment by the supervisor of such person’s practice of clinical social work.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Delaware

**Use of distance mediating technology in supervision: Permitted**

Fifty percent (50%) of supervision hours may be obtained through distance mediating technology.

### 3.0 Licensure of Licensed Clinical Social Workers

3.1.2.1 The amount of supervisory contact shall be at least one hour per week during the supervised period, and, within the required 1,600 hours, at least 100 hours shall be one-to-one supervision provided by an approved supervisor, pursuant to the requirements of subsection 3.2. Supervisory contact may be on a one-to-one face-to-face basis or by live video conferencing; provided, however, that supervision by



live video conferencing shall not exceed fifty percent (50%) of the total supervision in any month. Supervision by telephone or e-mail is expressly not permitted.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

**District of Columbia**

**Use of distance mediating technology in supervision: Permitted**

Distance mediating technology can be used to obtain clinical supervision hours if good cause can be shown to the Board and prior approval is granted.

District of Columbia Municipal Regulations Chapter 70 Social Work

7006.3 An applicant for a license as an independent social worker or independent clinical social worker shall submit with the application the following:

At least one hundred (100) hours of the applicant's three thousand (3000) hours of supervised practice was completed under the immediate face-to-face supervision of a qualified supervisor as set forth under § 7013 of this chapter.

7012.9 Where the supervisor is located off-site or practices in a different location from the supervisee for more than two (2) days a week, in addition to the requirements of this chapter, the supervisor and supervisee shall:

- (a) Establish a written contract for supervision prior to initiating the supervision relationship;
- (b) Maintain documentation, for at least five (5) years, of supervisory sessions including dates, duration, and focus of supervision, which shall be available for review upon request of the Board or its agent; and
- (c) Be subject to auditing by the Board to ensure compliance with the supervision requirements. 7099

**DEFINITIONS**

Immediate Supervision: one-to-one supervision in which the supervisor is physically present with the supervisee and either discussing or observing the supervisee's practice; and shall not include telephone communication, video conferencing, or internet communication. Immediate face-to-face supervision of a qualified supervisor as set forth under § 7013 of this chapter;

(b) The supervision relationship shall include daily in-person, telephone, video conference, or internet communication between supervisor and supervisee, as well as regular personal observation, evaluation, oversight, review, and correction of services provided by the supervisee;

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

DC Board of Social Work Telehealth policy statement April 27, 2020

As a result of these emergency restrictions, health care practitioners are forced to provide care through telehealth, which is used here to refer to the practice of health care or provision of care or treatment to clients located in the District remotely through the use of communication technology. To support safe and effective telehealth practice, the Department of Health issued a Guidance dated March 12, 2020 (Guidance) to clarify the standards and requirements for tele-practice.

The Guidance stipulates that health care providers are permitted to deliver health care services to clients through the use of communication technology so long as they conform to the acceptable standards of

care and comply with privacy requirements. For additional guidance, providers may consult 17 DCMR § 4618 (Telemedicine), which the Board now temporarily adopts as framework for tele-practice of social work. Further, the Guidance provides that a practitioner may establish new patients via the use of real-time telehealth.

However, practitioners seeking to practice telehealth to District clients must be properly licensed in the District. An exception to this requirement applies to practitioners licensed in another jurisdiction who are “temporary agents” of the District in one of two ways: a) the practitioner is providing health care to individuals at a District licensed health care facility; or b) the practitioner is providing continued care based on an existing relationship to a client who returned to the District. Administrative Order No. 2020-02, dated March 13, 2020. Additionally, social work students practicing under appropriate supervision as part of their social work education are also exempt from licensure.

## Florida

### **Use of distance mediating technology in supervision: Permitted**

Fifty percent (50%) of supervision hours may be obtained through distance mediating technology. The first supervision session must be held in-person.

64B4-2.001 Definition of “Experience” for Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling.

(a) Consists of at least 1500 hours of providing psychotherapy face-to-face with clients as a registered intern for the profession for which licensure is sought;

64B4-2.002 Definition of “ Supervision” for Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling.hnj

The supervisor and intern may utilize face-to-face electronic methods to conduct the supervisory sessions; however, the supervisor and intern must have in-person face-to-face contact for at least 50% of all of the interactions required in subsection (1), above. Prior to utilizing any online or interactive methods for supervision, the supervisor and the intern shall have at least one in-person face-to-face meeting. The supervisor and the intern are responsible for maintaining the confidentiality of the clients during both in-person and online or interactive supervisory sessions.

“ Face-to-face psychotherapy” for clinical social workers, marriage and family therapists, and mental health counselors registered pursuant to Section 491.0045, F.S., includes face-to-face by electronic methods so long as the registered intern establishes and adheres to the following:

The registered intern has a written telehealth protocol and safety plan in place with their current qualified supervisor which includes the provision that the qualified supervisor must be readily available during the electronic therapy session; and

The registered intern and their qualified supervisor have determined, through their professional judgements, that providing face-to-face psychotherapy by electronic methods is not detrimental to the patient is necessary to protect the health, safety, or welfare of the patient, the registered intern, or both, and does not violate any existing statutes or regulations.

Notwithstanding subsections (3) and (4) above a qualified supervisor may utilize face-to-face electronic methods, including telephone only communication, to conduct all supervisory sessions for internship hours if the qualified supervisor determines, through their professional judgment, that such methods are

not detrimental to the registered intern's patients and are necessary to protect the health, safety, or welfare of the qualified supervisor, the registered intern, or both. Any clinical hours obtained via face-to-face psychotherapy by electronic means shall be considered clinical hours for the purpose of meeting internship requirements.

No later than 90 days prior to June 30, 2026, the Board shall review and amend, modify, or repeal subsections (6) and (7) above if it determines that same creates barriers to entry for private business competition, is duplicative, outdated, obsolete, overly burdensome, imposes excessive costs, or otherwise negatively impacts the quality of psychotherapy received by Florida citizens.

#### **Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

64B4-2.001 Definition of "Experience" for Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling.

(6) "Face-to-face psychotherapy" for clinical social workers, marriage and family therapists, and mental health counselors registered pursuant to Section 491.0045, F.S., includes face-to-face by electronic methods so long as the registered intern establishes and adheres to the following:

- The registered intern has a written telehealth protocol and safety plan in place with their current qualified supervisor which includes the provision that the qualified supervisor must be readily available during the electronic therapy session; and
- The registered intern and their qualified supervisor have determined, through their professional judgements, that providing face-to-face psychotherapy by electronic methods is not detrimental to the patient is necessary to protect the health, safety, or welfare of the patient, the registered intern, or both, and does not violate any existing statutes or regulations.

(7) Notwithstanding subsections (3) and (4) above a qualified supervisor may utilize face-to-face electronic methods, including telephone only communication, to conduct all supervisory sessions for internship hours if the qualified supervisor determines, through their professional judgment, that such methods are not detrimental to the registered intern's patients and are necessary to protect the health, safety, or welfare of the qualified supervisor, the registered intern, or both. Any clinical hours obtained via face-to-face psychotherapy by electronic means shall be considered clinical hours for the purpose of meeting internship requirements.

No later than 90 days prior to June 30, 2026, the Board shall review and amend, modify, or repeal subsections (6) and (7) above if it determines that same creates barriers to entry for private business competition, is duplicative, outdated, obsolete, overly burdensome, imposes excessive costs, or otherwise negatively impacts the quality of psychotherapy received by Florida citizens.

## **Georgia**

#### **Use of distance mediating technology in supervision: Permitted**

Supervision hours can be completed using distance mediating technology. Limits to the number of hours obtained through this manner that will be accepted by the Board are not specified. Rule 135-11

#### **Definitions**

7. TeleMental Health Supervision - means the delivery of supervision via technology-assisted media by a supervisor at one site while the supervisee is located at a distant site. Telemental health supervision may

include, without being limited to, the review of case presentation, audio tapes, video tapes, and observation in order to promote the development of the practitioner's clinical skills.

## 2. Supervision:

- **Training of the TeleMental Health Supervisor:** Prior to the delivery of supervision via telemental health, the supervisor shall have obtained a minimum of nine (9) hours of continuing education. The continuing education hours may include the same eight (8) categories identified under "Training for Licensee", rule section (b)(1)(i)(I-VIII) above, plus, must also include three (3) hours in the category of: Supervising TeleMental Health Therapy - understanding the key components necessary to supervise effective, and efficient delivery of telemental health therapy.
- If the supervisor has taken the hours required in this section within the last 5 years, those hours do not need to be repeated in order to meet requirements in this section.
- Board rules 135-5 define the acceptable requirements for a Board recognized supervisor and supervision for the Counselor, Social Work and Marriage and Family Therapy professions. Supervisors and supervision must meet the requirements of the specialty found in the applicable section of Board rules 135-5 that define supervisor and supervision for the Counselor, Social Work and Marriage and Family Therapy professions.
- **Informed Consent:** Prior to the delivery of supervision via TeleMental Health, the supervisor at the distant site shall inform the supervisee that TeleMental Health will be used and obtain verbal and written consent from the supervisee for this use.

### **Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Supervisees may provide teletherapy services after completing the six required continuing education hours focused on administering teletherapy services.

## Rule 135-11-/01 TeleMental Health

### **Definitions:**

3. Licensee - means a person licensed in the state of Georgia as a Professional Counselor, Social Worker or Marriage and Family Therapist, including Associate licensees.

### **Provisions**

#### Training for Licensee:

- Prior to the delivery of clinical TeleMental Health, the licensee shall have obtained a minimum of six (6) continuing education hours. The continuing education hours may include but are not limited to the following, in the discretion of the Board:
- Internet use dependency and psychological problems - an overview of how Internet users become dependent upon the Internet to such an extent that their Internet use is causing serious problems in their lives.
- Research in Telemental Health - review of evidence base for mental health practice conducted using telemental health.
- Intake and Assessment- initial intake and assessment necessary to determine a client's suitability for telemental health, including informed consent.
- Delivery Methods - recognize appropriate use of telecounseling, asynchronous email/message posting, synchronous digital chat, video-assisted therapy and other electronically supported modes of delivery.

- Theory Integration - understand how to adapt counseling/therapy theory and effective in-person techniques to telemental health.
- Termination - recognize similarities and differences between in-person and telemental health closure while providing technology-assisted strategies for reestablishing contact if and/or when necessary.
- Risk Management - understanding privacy and security standards of applicable laws such as Health Insurance Portability and Accountability Act ensuring high quality practices and procedures that are legally sound and ethically protect clients and safeguard against litigation, including protection of electronic information.
- Business of Telemental Health - review of ethically sound ways to advertise and incorporate telemental health into an existing suite of therapeutic/clinical services.
- If the licensee has taken the hours required in this section within the last 5 years, those hours do not need to be repeated in order to meet requirements in this section.

Scope of Practice - This rule shall not be construed to alter the scope of practice of any licensee or authorize the delivery of services in a setting, or in a manner, not otherwise authorized by law.

## Guam

### Use of distance mediating technology in supervision: Not permitted

10 Guam Code Ann. § 122319

(3)... and at least one hundred (100) hours of direct face-to-face supervision. At least sixty (60) of the one hundred (100) hours of direct face-to-face supervision shall have been individualized supervision, and the remaining forty (40) hours may have been under small group (up to six (6) supervisees) supervision; provided, that the supervisor shall have been a licensed clinical social worker with at least four thousand five hundred (4,500) hours of post masters clinical social work experience.

### Use of teletherapy by individuals working under supervision for the clinical license: Does not specify

## Hawaii

### Use of distance mediating technology in supervision: Permitted

All supervision hours may be completed through distance mediating technology.

§467E-7 Licensing requirements.

(E) In collaboration with the supervisor, may elect to fulfill some or all of the supervision requirements set forth in subparagraph (C) through face-to-face supervision that is conducted electronically through a video conference service that is compliant with all federal and state privacy, security, and confidentiality laws, including the Health Insurance Portability and Accountability Act of 1996. Prior to making such an election, it is incumbent upon the applicant to review the laws and rules of other jurisdictions to determine the impact, if any, that electronic supervision may have on license by endorsement in other states.

### Use of teletherapy by individuals working under supervision for the clinical license: Does not specify

## Idaho

### Use of distance mediating technology in supervision: Permitted

All supervision hours may be completed through distance mediating technology.

210. Supervision.

b. A minimum of one hundred (100) hours of the required supervision must be face-to-face contact with the supervisor and must occur on a regular and on-going basis. Supervision may include a face-to-face setting provided by a secure live electronic connection. The secure live electronic connection must comply with any applicable state and federal laws, rules and regulations, including the health insurance portability and accountability act (HIPAA).

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

**Illinois**

**Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through distance mediating technology. Illinois Department of Financial and Professional Regulation Guidance Statement on Telehealth by Clinical Interns

The social work practice act is silent as to the method of face-to-face communication required by statute. Such requirements do not mandate in-person contact for which virtual face-to-face telecommunications would be insufficient. Therefore, such face-to-face requirements may be completed face-to-face via telecommunications (Skype, Video Conferencing, Zoom, Google Hangout, etc.).

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

Section 1470.97 Independent Practice of Clinical Social Work

b) Licensed Social Workers may provide clinical social work services as set forth in Section 3(5). When engaging in or providing clinical social work services as set forth in Section 3(5), an LSW may only do so under the order, control, and full professional responsibility of a Licensed Clinical Social Worker, a licensed clinical psychologist, or a psychiatrist, as defined in Section 1-121 of the Mental Health and Developmental Disabilities Code [405 ILCS 5] and shall not regulate or be responsible for his/her own practice or treatment procedures.

Illinois Department of Financial and Professional Regulation Guidance Statement on Telehealth by Clinical Interns

The social work practice act is silent as to the method of face-to-face communication required by statute. Such requirements do not mandate in-person contact for which virtual face-to-face telecommunications would be insufficient. Therefore, such face-to-face requirements may be completed face-to-face via telecommunications (Skype, Video Conferencing, Zoom, Google Hangout, etc.). Electronic therapy must follow applicable Professional Code of Ethics and HIPAA standards.

**Indiana**

**Use of distance mediating technology in supervision: Permitted**

Fifty percent (50%) of supervision hours may be obtained through distance mediating technology.

25-23.6-5-3.5 Clinical social worker; clinical social work experience required.

Up to fifty percent (50%) of the supervised clinical social work experience hours required under subsection (a) may be accounted for through virtual supervision by a qualified supervisor described in subsection (a).

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

Sec. 3.5. (a) As used in this chapter, “practitioner” means an individual who holds an unlimited license to practice as any of the following in Indiana:

A student who:

(A) is pursuing a course of study in, or is a graduate from, a program in a profession specified in subsection (a)(1) through (a)(22); and

(B) is providing services directed by an individual who holds a license in Indiana for that profession.

(b) A practitioner who uses telehealth shall, if such action would otherwise be required in the provision of the same health care services in a manner other than telehealth, ensure that a proper provider- patient relationship is established.

## Iowa

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through distance mediating technology.

#### 154C.1 Definitions

5. “Supervision” means the direction of social work practice in face-to-face sessions. 154C.3

Requirements to obtain license or reciprocal license

4. Supervision. The board shall not, by rule or other means, require that supervision be completed in person as a condition for an applicant to receive a license, a reciprocal license, or a renewed license under this chapter.

Iowa Admin Code r. 645-280.6-Supervised clinical experience

Direct supervision can occur in person or by using videoconferencing. After 110 hours of direct supervision are complete, ongoing direct supervision must continue to occur for the remainder of the supervised clinical experience.”

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Kansas

### **Use of distance mediating technology in supervision: Permitted**

The use of distance mediating technology in supervision is only permitted if prior approval from the Board is granted.

65-6306.

(d) (1) The board shall issue a license as a specialist clinical social worker to an applicant who:

(D) has completed as part of or in addition to the requirements of subsection (c) not less than two years of postgraduate supervised professional experience in accordance with a clinical supervision plan approved by the board of not less than 3,000 hours of supervised professional experience including at least 1,500 hours of direct client contact conducting psychotherapy and assessments with individuals, couples, families or groups and not less than 100 hours of face-to-face clinical supervision, as defined by the board in rules and regulations, including not less than 50 hours of individual supervision, except that the board may waive the requirement that such supervision be face-to-face upon a finding of extenuating circumstances, integrating diagnosis and treatment of mental disorders with use of the American psychiatric association’s diagnostic and statistical manual.



**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

Board guidance statement re. direct client contact clinical supervision requirements:

1. The board has determined that the term “client contact” includes face to face therapy whether in person or by other electronic means. Therefore, client contact via teletherapy may be used toward the accrual of the 1,500-hour requirement of direct client contact when working toward the clinical level of licensure.
2. However, services by telephonic conferencing may not be counted toward the 1,500-hour requirement of direct client contact as telephonic conferencing does not meet the face-to-face requirement

**Kentucky**

**Use of distance mediating technology in supervision: Permitted**

All supervision hours can be completed through distance mediating technology.

201 KAR 23:070. Qualifying education and clinical practice experience under supervision. Section 1. Definitions.

(3) "Electronic supervision" means the use of computers and other electronic means by which the supervisor and supervisee use interactive video technology, in real-time, with video and audio interaction for individual and group supervision.

Section 8. Supervision Requirements.

Virtual supervision may be utilized for supervision hours, if the supervisor and supervisee can see each other, face-to-face, via electronic means.

Electronic supervision shall conform to state and federal laws governing electronic practice or telehealth to ensure that confidentiality of client records and personal health information shall be maintained as required by KRS 335.158, the code of Ethical conduct established in 201 KAR 23:080, and other applicable state and federal laws.

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

201 KAR 23:070. Qualifying education and clinical practice experience under supervision Section 3. Practice of Clinical Social Work.

5. Face-to-face contact with the client throughout the treatment process, and which may include telehealth in accordance with KRS

**Louisiana**

**Use of distance mediating technology in supervision: Permitted**

Distance mediating technology may be used in supervision on a case-by-case basis. Written approval by the Board is required prior to obtaining supervision through distance mediating technology.

LAC 46:XXV.503

H. Occasionally, a need may arise for supervision to occur using electronic communication rather than on a face-to-face basis. The board may consider alternatives to face-to-face supervision if the applicant can



demonstrate an undue burden due to hardship, disability or travel time. All situations of remoted supervision must be approved by the board. To receive approval, the supervisee should submit a written request containing specific details to the board. The board shall consider the request at a regularly scheduled Board meeting and notify the supervisor of its decision within 30 business days. If approved, the supervisor and supervisee agree to use secure technology that provided real-time, visual contact among the individuals involved, and adheres to the confidential nature of the supervisory process.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Maine

**Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through distance mediating technology.

Licensed Clinical Social Worker

Initial Issuance

For applicants whose master's degrees in social work are in clinical concentrations, 96 hours of consultation concurrent with 3,200 hours of social work employment occurring within a period of not less than 2 years. Consultation may be completed in-person, or via live, synchronous video technology, or any combination thereof. Audio-only technology is not permitted. 72 hours must be completed through individual consultation, and the remaining 24 hours may be completed in a group of not more than eight (8) members;"

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

Clinical licensing candidates with a non-clinical MSW degree must obtain twice the amount of supervised experience as candidates with a clinically focused MSW degree.

## Maryland

**Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through distance mediating technology.

Chapter 08 Supervision

02 Definitions

(3) Face-to-Face.

- (a) "Face-to-face" means in the physical presence of or electronic presence of the individuals involved in the supervisory relationship during either individual or group supervision.
- (b) "Face-to-face" includes:
  - (i) Secure video conferencing; or
  - (ii) Real-time communication with both parties in each other's physical presence.
- (c) "Face-to-face" does not include:
  - (i) Telephone supervision;
  - (ii) Written communication via the internet; or
  - (iii) Technological communication that is not visual.

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Supervisees may provide teletherapy services after completing the six required continuing education hours focused on administering teletherapy services.

## COMAR 10.42.10 Teletherapy

Scope. This chapter:

Applies to a:

1. Licensed certified social worker-clinical (LCSW-C);
2. Licensed certified social worker (LCSW) under the supervision of an LCSW-C; or
3. Licensed masters social worker (LMSW) under the supervision of an LCSW-C.

Licensure.

The following Board-approved licensees may provide psychotherapy using teletherapy if the client is in Maryland:

- A. An LCSW-C;
- B. An LCSW under the supervision of an LCSW-C; or
- C. An LMSW under the supervision of an LCSW-C

## Massachusetts

### **Use of distance mediating technology in supervision: Permitted**

258 CMR 9.00: Licensure requirements and procedures

9.03: Licensure Requirements for a Licensed Independent Clinical Social worker (LICSW)

Satisfactory written or electronic documentation that he or she has received, during the course of the post-graduate clinical social work experience required by 258 CMR 9.03(3), a minimum of 100 hours of individual face-to-face clinical supervision.

March 22, 2016 Practice Advisory

### Supervision of Licensed Certified Social Workers via Video Conferencing

The required supervision of LCSWs may be performed by an LICSW or someone who is eligible for licensure as an LICSW and must be “one hour a week, or equivalent pro rata amount for part-time employees, of face to face supervision” pursuant to 258 CMR 12.02(1). While the Board will allow for video conferencing for such Supervision, the Board recommends that the initial hour of face to face supervision occur in person and not via video conferencing. Although supervision utilizing video conferencing is not preferred by the Board, the Board recognizes that in certain circumstances video conferencing can be used as a complement to an existing face-to-face supervision and when warranted by extenuating circumstances.

### **Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Michigan

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through distance mediating technology.

R 338.2949 Master’s social worker license requirements; generally.

(3) Supervised work experience must comply with all of the following:

- (b) The applicant shall meet with his or her supervisor using any of the following methods:
  - (i) Individually and in person.

- (ii) Individually using a telecommunications method that provides for live and simultaneous contact.

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

Supervisees must obtain consent from the Board prior to providing teletherapy services. R 338.2930  
Telehealth services.

Rule 30. (1) A social service technician registrant or social work licensee shall obtain consent before providing a telehealth service pursuant to section 16284 of the code, MCL 333.16284.

(2) A social service technician registrant or social work licensee providing a telehealth service shall do all of the following:

- (a) Act within the scope of his or her practice.
- (b) Exercise the same standard of care applicable to a traditional, in-person health care service.
- (c) Ensure that the technology method and equipment used complies with all current privacy- protection laws when providing a telehealth service.

**Minnesota**

**Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through distance mediating technology. The first 100 hours must be held through distance mediating technology that allows eye-to-eye contact. The remaining 100 hours can be completed through the same manner or using the telephone.

Subd. 7. Supervision; clinical social work practice after licensure as licensed independent social worker. Of the 200 hours of supervision required under subdivision 5:

- 1) 100 hours must be provided through one-on-one supervision. The supervision must be provided either in person or via eye-to-eye electronic media, while maintaining visual contact. The board must allow a licensed independent social worker to satisfy the supervision requirement of this clause with all required hours of supervision provided via eye-to-eye electronic media, while maintaining visual contact; and
- 2) 100 hours must be provided through: (i) one-on-one supervision; or (ii) group supervision. The supervision may be in person, by telephone, or via eye-to-eye electronic media, while maintaining visual contact. The supervision must not be provided by email. Group supervision is limited to six supervisees.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

**Mississippi**

**Use of distance mediating technology in supervision: Permitted**

One fourth, or twenty-five hours of supervision may be completed through the use of distance mediating technology.

Rule 30-1902-2.3 Professional Supervision requirements for LCSW Licensure

Supervision may include alternate means of supervision by audiovisual electronic device (i.e. skype, facetime, webex, etc.) provided there is direct, interactive, live exchange between the supervisor and supervisee or provided that communication is verbally or visually interactive between the supervisor and the supervisee. It is incumbent that the supervisor and supervisee recognize the risks of sharing confidential information of clients and ensure that measures are in place that protect confidentiality

through electronic encryption or related methods. No more than one-fourth (1/4) of the required hours may be by alternate means to direct face-to-face contact for a total of twenty-five (25) hours;

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

**Missouri**

**Use of distance mediating technology in supervision: Permitted**

All supervision may be completed using distance mediating technology.

20 CSR 2263-2.030 Supervised Licensed Social Work Experience

1. A minimum of two (2) hours every two (2) weeks of individual face-to-face supervision by the supervisor;
2. However, individual face-to-face supervision may be consolidated for up to four (4) weeks for a total of four (4) hours of individual face-to-face supervision per four- (4-) week period. These hours shall be included in the total number of supervised hours required in subsection (3)(B). Fifty percent (50%) of supervision may be group supervision;
3. For the purpose of this rule, group supervision may consist of at least three (3), and no more than six (6) supervisees; and
4. The use of electronic communications is acceptable for meeting supervision requirements of this rule only if the ethical standards for confidentiality are maintained and communication is verbally and visually interactive between the supervisor and the supervisee;

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

20 CSR 2263-2.032 Registration of Supervised Social Work Experience

- (1) Supervised social work experience shall be registered for approval by the committee prior to the beginning of supervision. This will ensure that the supervision is acceptable to the committee prior to applying for licensure. In the event the applicant fails to pre-approve their supervisor(s), or is applying through reciprocity, the committee at its discretion may review the supervision for compliance and consideration of licensure.
- (2) Registration of supervision for social workers beginning the practice of social work under supervision in another state and intending to apply for licensure in Missouri is acceptable to the committee if the supervisor holds a license in the other state, determined by the committee to be substantially similar to Missouri's.
- (3) The applicant for registration of supervision shall—(A) Have one (1) of the following licenses: 1. Licensed master social worker (LMSW) for clinical or advanced macro path; or 2. Licensed baccalaureate social worker (LBSW) if seeking independent practice on a baccalaureate level; (B) Submit a completed registration of supervision form provided by the committee; and (C) Pay the registration of supervision fee as prescribed by the committee.
- (4) The applicant for registration of supervision shall practice social work under the order, control, oversight, guidance, and full professional responsibility of the approved registered supervisor at the setting(s) approved by the committee.
- (5) Whenever a supervisee changes a supervisor or adds a supervisor or new setting, a change of status form, provided by the committee, shall be submitted to the committee by the supervisee with the registration fee and must be submitted in writing within fourteen (14) days. Failure to submit a change will result in supervision hours not calculated towards the three thousand (3,000) hours of supervised licensed social work experience.

- (6) A supervisee may be employed in the supervisor's private practice setting or in the private practice of another. The professional setting shall not include private practice in which the supervisee operates, manages, or has an ownership interest in the private practice.
- (7) The committee shall notify both the supervisee and registered supervisor, in writing, of the committee's approval or refusal of the registration of supervision. A registration of supervision will not be reviewed until all items required by section (3) of this rule are received.
- (8) Supervised social work experience of the supervisee in an exempt setting (any agency or department of Missouri) shall meet the requirements as set forth in the rules promulgated by the committee.
- (9) Approval of the proposed social work experience and/or the proposed supervisor shall be withdrawn if circumstances change so that the experience, supervisor, or both, do not qualify as supervised social work experience as that term is defined in the rules promulgated by the committee.
- (10) Because the difficulties in confirming or verifying supervision increase dramatically over time, supervision will not be recognized if it occurred more than forty-eight (48) calendar months prior to the application for licensure being filed.
- (11) Any termination of supervision or change of supervision site must be reported by the supervisor to the committee in writing within fourteen (14) days.
- (12) The supervisor shall provide annual reports of progress to the committee. These will be due on the anniversary date of the initial approval for the twelfth, twenty-fourth, and thirty sixth months of supervision. The annual report will provide an overview of the licensee's practice knowledge of the licensure statutes and rules, licensure scope of practice, understanding and adherence to approved standards of professional and ethical conduct, areas of continued growth and development, and accountability of supervision hours thus far in the process.
- (13) If the required hours of supervision are not completed within forty-eight (48) months of the beginning of supervision, the supervisee shall submit a detailed written plan to the committee for approval specifying how the supervision will be successfully concluded, co-signed by the supervisor. The committee may approve the plan, request further information from either the supervisee or the supervisor, or require either the supervisee or the supervisor, or both, to appear before the committee or a subcommittee thereof.
- (14) To engage in registered licensure supervision in Missouri, one must be both licensed in Missouri and registered for supervision with the committee. It shall be cause for discipline to provide unregistered or unlicensed licensure supervision in Missouri.
- (15) All persons engaged in the practice of clinical social work in the state of Missouri shall either be licensed as a licensed clinical social worker or be registered for supervision as required by statute and these regulations.

## Montana

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through distance mediating technology.

#### 24.219.504 LCSW, LMSW, and LBSW Supervised Work Experience Requirements

- (a) Of those 100 hours, at least 50 hours must be individual and supervised face-to-face by an LCSW.
- (b) Of the 50 hours in (a), at least ten hours must include direct observation of service delivery as defined in ARM 24.219.301.

ARM 24.219.301(13): =(13) ""Face-to-face"" means supervision of a candidate by the supervisor which is either:

- (a) in-person; or
- (b) electronically. The transmission must:
  - (i) be two-way;
  - (ii) be interactive;
  - (iii) be real-time;
  - (iv) be simultaneous; and
  - (v) provide for both audio and visual interaction.

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license can provide teletherapy services.

Per the FAQ about providing telehealth services Yes. Telehealth/telepractice is a method of delivery of services and not a specific type of license or practice. As a licensee you are still held to all the other statutes and rules including ethics, unprofessional conduct, privacy, etc. regardless of the method you are using to deliver those services. Candidates and the licensees that supervised them should remember that regardless of the method of delivery of services, candidate licensees must still be supervised as described in the board's supervised work experience rules

**Nebraska**

**Use of distance mediating technology in supervision: Permitted**

All supervision hours can be completed through distance mediating technology.

009.01 General Supervision Requirements

The supervisor cannot supervise more than 6 persons at 1 face-to-face supervisory meeting. Face to face supervision may include interactive visual imaging assisted communication which is secure and confidential.

009.03 Independent Mental Health Practice Supervision

(B) Evaluative face-to-face contact with a minimum cumulative ratio of 2 hours of face-to-face contact between the supervisee and a qualified supervisor per 15 hours of contact with clients diagnosed with major mental disorders, no more than 45 hours may be accumulated without such supervision. Face to face supervision may include interactive visual imaging assisted communication which is secure and confidential;

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license can provide teletherapy services.

38-1, 143 Telehealth

Except as otherwise provided in subsection (4) of this section, any credential holder under the Uniform Credentialing Act may establish a provider-patient relationship through telehealth.

38-2124. Independent mental health practitioner; qualifications.

Has three thousand hours of experience obtained in a period of not less than two nor more than five years and supervised by a licensed physician, a licensed psychologist, or a licensed independent mental health practitioner, one half of which is comprised of experience with clients diagnosed under the major mental illness or disorder category;

## Nevada

### **Use of distance mediating technology in supervision: Permitted**

Supervision hours can be completed using distance mediating technology. At least one hour per month must be in person at the site in which the intern practices social work.

NAC 641B.160

A supervisor of an intern shall:

(a) Except as otherwise provided in subsection 4, meet in person with the intern on an individual basis for at least 1 hour every week, unless the Board specifically directs a different schedule or frequency for the meetings, to discuss and evaluate the performance of the intern in his or her practice;

(b) Unless waived by the Board for good cause, if the intern practices social work at a site at which the supervisor does not practice social work, visit the site at least once every month and as necessary consult with the on-site supervisor regarding the practice of social work by the intern;

A supervisor of an intern may use telecommunication technologies to supervise an intern remotely, but the supervisor must meet in person with the intern at the site at which the intern practices social work at least once every month.

### **Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## New Hampshire

### **Use of distance mediating technology in supervision: Does not specify.**

Mhp 301.01 Definitions.

The following terms shall have the meaning indicated when used in this chapter:

“Face-to-face supervision” means being in the physical presence of individuals involved in the supervisory relationship during either individual or group supervision;

### **Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## New Jersey

### **Use of distance mediating technology in supervision: Permitted**

Fifty percent (50%) of supervision hours may be obtained through distance mediating technology.

N.J. Admin. Code § 13:44G-8.1

The supervisor provides at least one hour of face-to-face individual or group clinical supervision per week or one hour of individual clinical supervision through synchronous video conferencing, which complies with the confidentiality requirements of the Health Insurance Portability and Accountability Act of 1996 (HIPAA), for no more than half of the total supervision hours;

### **Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## New Mexico

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through distance mediating technology.

Direct supervision: means face to face supervision, which may include video-teleconferencing. At least 70



of the 90 required hours must be obtained through direct supervision.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

**New York**

**Use of distance mediating technology in supervision: Permitted**

Supervision can be obtained through distance mediating technology on a case-by-case basis.

74.6 Supervision requirements for certain qualified individuals providing clinical social work services

i. the supervisor provides at least one hundred hours of in-person individual or group clinical supervision, distributed appropriately over the period of the supervised experience. The Department, in its discretion, may accept alternative means to meet the in-person supervision requirements of this subparagraph that cannot be successfully completed due to the State of Emergency declared by the Governor pursuant to an Executive Order for the COVID-19 crisis.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

**North Carolina**

**Use of distance mediating technology in supervision: Permitted**

Fifty percent (50%) of supervision hours may be obtained through distance mediating technology.

12 NCAC 63 .0211 Work Experience

- (3) Appropriate supervision may be individual or group supervision. Individual supervision shall mean one on one, face-to-face supervision by a MSW who is also a LCSW where the supervisor reviews and discusses clinical social work cases, reviews documentation, and provides evaluative comments and direction to the LCSWA. Group supervision shall mean face-to-face supervision provided by a MSW who is also a LCSW in a group setting.
- (4) Unless otherwise preapproved by the Board, no more than 50 hours of supervision may be provided through the use of technology. The clinical supervisor may seek approval by providing a written request to the Board. The request shall include the parties' information, including name, license number, and business address; and the circumstances for which the additional hours are needed. Approval of the request shall be determined on a case-by-case basis, based upon the circumstances provided in the request. All supervision provided through the use of technology shall be synchronous,= involve visual and audio interactions throughout the entire session, and shall take place in such a manner as to maintain the confidentiality of the communication.

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

NC Board Statement on Technology Facilitated Services Purpose:

Pursuant to N.C. Gen. Stat. § 90B-2, it is the purpose of the North Carolina Social Work Certification and Licensure Board (hereafter Board) to protect the public by setting standards for qualification, training, and experience for those who seek to represent themselves to the public as certified social workers or licensed clinical social workers and by promoting high standards of professional performance for those engaged in the practice of social work. While the Board strongly encourages in- person interactions, we recognize that advancement in technology has impacted social work practice both in the delivery of services and obtaining information.



As the definition of general social work practice and clinical social work practice in North Carolina includes the phrase by whatever means of communications,” it is the position of the Board that technology facilitated services are one of several means of providing professional services, and as such, remain fully subject to the statutes and rules governing social work practice as outlined in N.C.G.S. § 90B and Title 21, Chapter 63 of the NC Administrative Code.

## North Dakota

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through the use of distance mediating technology.

#### 75.5-02-03-04.1 Supervision of applicants for licensure as a licensed clinical social worker

The applicants must participate in a minimum of one hundred fifty hours of face-to-face clinical supervision with a supervisor approved by the board. Not more than fifty hours of supervision may be group supervision.

#### 75.5-02-01-03. Definitions

8. "Face-to-face supervision" means a direct, interactive, live exchange, either in person, by telephone, or by audio or audiovisual electronic device in either individual or group supervision.

### **Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

#### 43-41-05.1. Electronic social work services.

The practice of social work in this state through electronic social work services or other means, regardless of the location of the practitioner, constitutes the practice of social work and is subject to this chapter.

The practice of social work by a practitioner in this jurisdiction through electronic social work services or other means, regardless of the location of the client, constitutes the practice of social work and is subject to this chapter.

A social worker providing electronic social work services shall take all necessary measures to ensure compliance with relevant practice standards as established by the board.

## Northern Mariana Islands

### **Use of distance mediating technology in supervision: Does not specify.**

#### 185-10-2320 Supervisor; Supervision Report

(b) Supervision shall have occurred in an agency setting that provides clinical diagnosis and psychotherapy and, supervisor and applicant shall have met at least one hour each week to discuss client cases and treatment procedures.

### **Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Ohio

### **Use of distance mediating technology in supervision: Permitted**

The first supervision session must be held in person. Remaining supervision sessions can be held through the use of distance mediating technology.

#### Rule 4757-23-01 Social Work Supervision

Supervision must start with an initial face to face meeting after which communication may be in person, via videoconferencing, or by phone.

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision can provide teletherapy services.

4757-5-13 Standards of practice and professional conduct: Teletherapy

(B) Licensees shall consider their education, training, and experience before providing teletherapy services and provide only services for which they are competent. Licensees shall assume responsibility to continually assess both their professional and technical competence when providing teletherapy.

## Oklahoma

**Use of distance mediating technology in supervision: Does not specify.**

675:10-1-1.2 Requirements for Licensed Clinical Social Worker

This experience shall include at least 100 hours of face-to-face educational supervision by the supervisor.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Oregon

**Use of distance mediating technology in supervision: Permitted**

Distance mediating technology can be utilized in supervision, providing that the first, last and one session per quarter be held in person.

877-020-0012 Requirements of Supervision

Clinical social workers who participate in supervision that is conducted by electronic video- conferencing media and telephone must:

- (a) Ensure that clients whose records may be discussed as a part of the supervision provide written consent to having confidential records and information transmitted electronically;
- (b) Conduct the video-conference or telephone call in a setting and in a manner that protects the privacy of both parties; and
- (c) Utilize secure transmittal methods, (encryption, for example) to maintain confidentiality of the information.

OAR 877-020-0010

Plan of Practice and Supervision

Supervision required in this rule must be accomplished:

- A. In person, in a professional setting; or
- B. By electronic video-conferencing media, provided that the first and final supervisory sessions and at least one supervisory session each quarter be conducted in person pursuant to subsection (A) above.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Pennsylvania

**Use of distance mediating technology in supervision: Does not specify.**

The supervisor, or one to whom supervisory responsibilities have been delegated, shall meet with the

supervisee for a minimum of 2 hours for every 40 hours of supervised clinical experience. At least 1 of the 2 hours shall be with the supervisee individually and in person, and 1 of the 2 hours may be with the supervisee in a group setting and in person.

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

**47.72 Responsibilities to Clients/Patients**

Licensees who provide services by means of electronic means shall inform the client/patient of the reasonably foreseeable limitations and risks associated with those services.

**Rhode Island**

**Use of distance mediating technology in supervision: Does not specify.**

“Supervision” means face-to-face contact with a licensed independent clinical social worker for the purpose of apprising the supervisor of the diagnosis, assessment, and treatment of each client; receiving oversight and guidance from the supervisor in the delivery of clinical social-work services to each client; and being evaluated by the supervisor. This contact must consist of:

A minimum of two (2) hours of supervision every two (2) weeks;

§ 5-39.1-2. Definitions.

A minimum of one hour of supervision per twenty (20) hours of direct contact with clients, whether or not the number of hours of supervision required for a two-week (2) period have been met;

One-to-one contact with the supervisor at least seventy-five percent (75%) of the time with group supervision of no more than ten (10) supervisees during the balance of the time;

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

**South Carolina**

**Use of distance mediating technology in supervision: Does not specify.**

Section 40-63-240 Licensure requirements; Independent Social Worker- Clinical Practice must include face-to-face meetings between the approved clinical supervisor and the supervisee for a minimum of one hundred hours of direct clinical supervision equitably distributed;

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

**South Dakota**

**Use of distance mediating technology in supervision: Permitted**

If in-person supervision is not possible, distance mediating technology may be utilized.

20:59:05:07 Supervisor’s reports and time of supervision

When the supervisor is not in direct person contact with the CSW-PIP candidate, the supervisor must be available by telecommunications or technology;

The board may authorize those modifications in the method and frequency of supervision that the board determines appropriate based upon a finding of adequate supervision, training, and proficiency.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Tennessee

### **Use of distance mediating technology in supervision: Permitted**

Up to seventy-five (75) percent of supervision can be obtained through the use of distance mediating technology.

#### 1365-01-.01 Definitions

(11) Individual Supervision - A live, face-to-face meeting with one (1) supervisor and one (1) supervisee, including the use of teleconferencing technologies, visual multi-media technology, or video conferencing technology.

#### 1365-01-.08 Supervision

Supervision may take place via teleconferencing technologies, visual multi-media technology, or video conferencing technology. Supervision may NOT take place via email, instant messaging, texting, or any format that does not allow for visual contact.

3. No more than seventy-five (75) percent of individual supervision hours may be obtained through teleconferencing technologies, visual multi-media technology, or video conferencing technology.

### **Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

Tennessee Code Annotated, Title 63 Professions Of The Healing Arts, Chapter 1 Division of Health Related Boards, Part 1 General Provisions, 155 Telehealth Services

(1) "Healthcare provider" means:

A graduate who has completed, or a student actively enrolled in, a professional training program the educational standards of which meet the training requirements for a license under this title or title 68, chapter 24, part 6, as long as the graduate or student:

- (i) Is providing telehealth services for the purpose of obtaining hours required for licensure or of otherwise fulfilling the educational requirements to apply for licensure; and
- (ii) Is, at all times, supervised by an individual who is licensed under this title or title 68, chapter 24, part 6, with an unencumbered license;

## Texas

### **Use of distance mediating technology in supervision: Permitted**

Distance mediating technology can be utilized in supervision, so long that the need for distance mediating technology is provided in the individuals supervision plan.

#### 781.304. Relationships with Clients.

(k) Electronic practice may be used judiciously as part of the social work process and the supervision process. Social workers engaging in electronic practice, providing services to clients located in the State of Texas, must be licensed in Texas and adhere to provisions of this chapter

(A) Supervision toward licensure or specialty recognition may occur in one-on-one sessions, in group sessions, or in a combination of one-on-one group sessions. Session may transpire in the same geographic location, or via audio, web technology or other electronic supervision techniques that comply with HIPAA and Texas Health and Safety Code, Chapter 611, and/or other applicable state or federal statutes or rules.

(D) The Council considers supervision toward licensure or specialty recognition to be supervision which promotes professional growth. Therefore, all supervision formats must encourage clear, accurate communication between the supervisor and the supervisee, including case-based communication that meets standards for confidentiality. Though the Council favors supervision formats in which the supervisor and supervisee are in the same geographical place for a substantial part of the supervision time, the Council also recognizes that some current and future technology, such as using reliable, technologically-secure computer cameras and microphones, can allow personal face- to-face, though remote, interaction, and can support professional growth. Supervision formats must be clearly described in the supervision plan, explaining how the supervision strategies and methods of delivery meet the supervisee's professional growth needs and ensure that confidentiality is protected.

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy.

781.304. Relationships with Clients.

(k) Electronic practice may be used judiciously as part of the social work process and the supervision process. Social workers engaging in electronic practice, providing services to clients located in the State of Texas, must be licensed in Texas and adhere to provisions of this chapter.

## Utah

**Use of distance mediating technology in supervision: Does not specify.**

R156-60-302c. Qualifications for Licensure as an LCSW-Supervised Training Requirements

(ii) as required by Subsection 58-60-205(1)(e), at least 100 hours of the mental health therapy training shall be under direct supervision

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Vermont

**Use of distance mediating technology in supervision: Does not specify.**

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Virgin Islands

**Use of distance mediating technology in supervision: Does not specify.**

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Virginia

**Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through the use of distance mediating technology.

18VAC140-20-10. Definitions

"Face-to-face" means the physical presence of the individuals involved in the supervisory relationship during either individual or group supervision or in the delivery of clinical social work services by a supervisee and may include the use of technology that provides real-time, interactive contact among the individuals involved.

**Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Supervisees may provide teletherapy services after completing the six required continuing education hours focused on administering teletherapy services.

Telehealth guidance statement (prior to regulatory changes)

-Any licensee or Supervisee in Social Work can practice telehealth within Virginia. You will need to contact another state to determine their rules and whether that state would allow for you to practice into that state without a license from that state, as we cannot offer guidance on another state's laws and regulations. Virginia's laws and regulations are silent as to whether Supervisees in Social Work may provide telehealth services, but it is not prohibited at this point. Please see the Guidance Document 140-3 at the link provided for more information: [https://www.dhp.virginia.gov/social/social\\_guidelines.htm](https://www.dhp.virginia.gov/social/social_guidelines.htm).

-Office of Civil Rights (OCR) in the US Department of Health and Human Services relaxing HIPPA standards governing telehealth

## Washington

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through the use of distance mediating technology.

WSR 21-20-028

(C) Successful completion of a supervised experience requirement. The supervised experience requirement consists of a minimum of 3,000 hours of experience, over a period of not less than three years, with supervision by an approved supervisor who has been licensed for at least two years and, as specified in this subsection, may be either a licensed independent clinical social worker who has had at least one year of experience in supervising the clinical social work of others or an equally qualified licensed mental health practitioner. Of those supervised hours:

(I) At least ((one thousand)) 1,000 hours must be direct client contact; and

(II) Hours of direct supervision must include:(1) At least ((one hundred thirty)) 100 hours by a licensed mental health practitioner;

Purpose: WAC 246-809-330 Supervised postgraduate experience requirements. The purpose of this amendment to WAC 246-809-330 is to remove the limit on distance supervision hours that may be obtained by social worker associates applying for licensure, consistent with statutory amendments made by SHB 1007 (chapter 21, Laws of 2021). In addition to bringing department rule into alignment with statute, these amendments will support social worker associates providing telemental health services during the coronavirus disease 2019 (COVID-19) pandemic and their ability to complete the supervised experience hours necessary for full licensure.

### **Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

Purpose: WAC 246-809-330 Supervised postgraduate experience requirements. The purpose of this amendment to WAC 246-809-330 is to remove the limit on distance supervision hours that may be obtained by social worker associates applying for licensure, consistent with statutory amendments made by SHB 1007 (chapter 21, Laws of 2021). In addition to bringing department rule into alignment with statute, these amendments will support social worker associates providing telemental health services during the coronavirus disease 2019 (COVID-19) pandemic and their ability to complete the supervised experience hours necessary for full licensure.

A minimum of 40 hours of must be in one-to-one supervision as defined: WAC 246-809-310 Definitions. "One-on-one supervision" means face-to-face supervision with an approved supervisor, involving one supervisor and one licensure candidate.

## West Virginia

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through the use of distance mediating technology.

Per the Boards website: Clinical Supervision/Experience:

The applicant must verify a minimum of two years of full-time employment and/or 3,000 hours of practice in full or part time employment. An applicant should have at least 100 hours of face-to-face supervision; minimally one should receive one hour of supervision for each thirty (30) hours of supervised practice. At least 50% of supervision must be an individual setting and not in a group format. Face to face supervision via HIPPA compliant electronic media is acceptable with the clinical supervisor.

### **Use of teletherapy by individuals working under supervision for the clinical license: Permitted**

Individuals working under supervision for the clinical license may provide teletherapy services.

#### 25-1-5 Telehealth Services

All social workers providing social work or therapy via telehealth to persons residing and located in West Virginia shall be licensed or registered by the West Virginia Board of Social Work.

A licensee shall only provide telehealth services in accordance with the respective scope of practice commensurate with his or / her level of licensure.

## Wisconsin

### **Use of distance mediating technology in supervision: Does not specify.**

### **Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**

## Wyoming

### **Use of distance mediating technology in supervision: Permitted**

All supervision hours may be completed through the use of distance mediating technology.

#### Chapter 9 Section 1. The Practice of a Licensed Clinical Social Worker

The practice of social work may be either face-to-face that involves the synchronous interaction between an individual or groups of individuals using what is seen and heard in person to communicate, or

Via methods of electronic delivery that involves the use of electronic or other means (e.g. telephone, computers, etc.) to provide the service.

When using electronic delivery means, all use must be in compliance with all professional ethical standards and all other requirements in these rules;

Special care should be taken to ensure the confidentiality and security of the provision of services; and

The Licensed Clinical Social Worker shall provide only those services that are legal within the state that the recipient of services lives.

#### Chapter 18 Section 5. Requirement for Supervision

Individual, triadic face-to-face clinical supervision or individual distance clinical supervision by a DQCS shall be provided monthly at a ratio of at least one (1) hour for every twenty (20) hours of direct clinical provision of services defined in this act.

#### Section 6. Types of Supervision

(a) Individual Face-to-Face Clinical Supervision. (b) Triadic Face-to-Face Clinical Supervision. (c) Individual Distance Clinical Supervision.

Supervision must be adequate to ensure the quality and competence of the activities supervised and must comply with all other supervision requirements.

Type of supervision must be documented in the supervisor verification process.

Supervision of more than 2 supervisees simultaneously is not permitted to count towards the face-to-face supervision requirement.

**Use of teletherapy by individuals working under supervision for the clinical license: Does not specify**